## What to Pack for Palawan Trip

|  | Clothes & Accessories  |   |
|--|--|---|
| Health & HygieneDaily VitaminsMaintenance MedicinesFirst aid kitSunscreenBug shields or insect repellantsContact lensesContact lens containerContact lens solutionEyeglassesShampooComb or brushSatin or silk ponytailsSatin or silk ponytailsSoap or bodywashFeminine washDeodorantToner and moisturizerCotton and cottonbudsToothpasteToothbrush   | <ul> <li>Rashguard</li> <li>Quick dry clothes</li> <li>Swimsuit or trunks</li> <li>Underwear</li> <li>Beach shorts</li> <li>Caps or Hats</li> <li>Lightweight or pocketable jacket</li> <li>Waterproof bags for gadgets and money</li> <li>Aqua shoes</li> <li>Flipflops</li> <li>Shades</li> </ul>  |   |
|  | <ul> <li>Passport</li> <li>Gov't IDs</li> <li>COVID vaccine proof</li> <li>Visas</li> <li>Hotel itinerary</li> <li>Plane itinerary</li> </ul>  | <ul> <li>Hammock</li> <li>Portable tent</li> <li>Mosquito net</li> <li>Trekking Shoes</li> </ul>  |
|  | Identification &<br>Travel<br>Requirements   | Surfboard<br>Bike and bike<br>bag   |
| <ul> <li>Alcohol or hand sanitizer</li> <li>Wipes</li> <li>Essential oils</li> <li>Face masks and shields</li> <li>Healthy snacks</li> <li>Cash</li> <li>Debit cards</li> <li>Credit cards</li> </ul>  | OPTIONAL: For the Kids         Diapers       Baby food       Pacifiers         Baby bottles       Extra clothes         Powdered milk       Baby swimming         Milk bags       clothes         Insulated storage for milk bags         Brush and sponges for cleaning bottles         Portable sterilizer for baby stuff         Portable breast pump and accessories |   |
| Work & Entertainment         Smartphones + chargers       Kindle or other ebook         Portable battery + cables       Flash or external drive         Laptop + chargers       iPads + chargers + accessories         Universal adapter       Frisbees         Power strip       Portable tripod         DLSR + chargers       Handheld selfie stick         Action camera (e.g. GoPro) + chargers + accessories         Handheld gaming devices (e.g. Nintendo Switch + chargers         Smartwatch or sportwatch + chargers |  | <ul> <li>Stroller</li> <li>Baby carriers</li> <li>Baby first aid kit</li> <li>Baby hygiene</li> <li>Vitamins &amp;<br/>medicines</li> </ul> |
|  |  | <ul> <li>Neck pillow</li> <li>Ear plugs</li> <li>Eye mask</li> <li>Traveling</li> <li>Comfort</li> </ul>                                    |